



DANCE CENTER

Set your dancer up for success when taking classes online.

There are many ways dance parents can help their dancer have a more productive and enjoyable online experience. Here are a few tips to get you started.

### Your Space

- Create a consistent and quiet dance space with room to move front to back and side to side.
- Make sure to position your streaming device so that your teacher can see the whole body. Record a test video and mark the spot with tape to ensure students know where to set up when a parent can't be there to help.
- Select a space with ample lighting so that your teacher can see you clearly.

### Flooring and Equipment

Dancing on carpet or tile can be a safety hazard, making hardwood floors the most ideal. A small piece of vinyl flooring and portable barre are ideal for Ballet class. A sturdy wood chair also works well.

To protect your hard wood floors from Tap shoes, a Tap board or heavy all purpose dance vinyl does the trick.

Encourage your dancer to have the same pride in their appearance, focus and discipline as they do when attending in studio classes. This will keep them in a consistent routine for when they return to in studio training.